

Clay Community Schools

ELEMENTARY BREAKFAST

MARCH 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		Mar - 1 SCRAMBLED EGGS BACON TOAST, WG FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT	Mar - 2 DUTCH WAFFLE FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT	Mar - 3 BREAKFAST PIZZA FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT
Mar - 6 POP TART FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT	Mar - 7 PANCAKES/SYRUP SAUSAGE LINK FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT	Mar - 8 GRAVY& BISCUITS FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT	Mar - 9 CINN ROLL BACON FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT	Mar - 10 SAUSAGE PANCAKE WRAP FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT
Mar - 13 WG BLUEBERRY MUFFIN YOGURT FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT	Mar - 14 FRENCH TOAST STICKS/ SYRUP FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT	Mar - 15 SCRAMBLED EGGS BACON TOAST, WG FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT	Mar - 16 DUTCH WAFFLE FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT	Mar - 17 BREAKFAST PIZZA FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT
Mar - 20 APPLE STRUDEL FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT	Mar - 21 PANCAKES/SYRUP SAUSAGE LINK FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT	Mar - 22 GRAVY& BISCUITS FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT	Mar - 23 CINN ROLL BACON FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT	Mar - 24 SAUSAGE PANCAKE WRAP FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT
Mar - 27 SPRING BREAK	Mar - 28 SPRING BREAK	Mar - 29 SPRING BREAK	Mar - 30 SPRING BREAK	Mar - 31 SPRING BREAK

ALL MENUS ARE SUBJECT TO CHANGE
This institution is an equal opportunity provider.

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	467	350-500	100%	Sugars	47.09* g	40.32%	
Sodium	504 mg	540		Carbohyd	77.35 g	66.23%	
Fiber	3.56 g			Tot. Fat	11.37 g	21.90%	<=30.0%
				Sat. Fat	3.97 g	7.66%	<10.00%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.